



7 Langton Road, Gympie QLD 4570

Phone (07) 5482 7233

Email info@cooloolafs.com.au

Website cooloolafs.com.au

We service the Cooloola, Wide Bay and South Burnett Regions from our local depot in Gympie. Call or email us for more information

APRIL | 2026

ADVERTISED SPECIALS AVAILABLE FOR THIS MONTH ONLY WHILE STOCKS LAST | PRICES EXCLUDE GST



\$32⁹⁵
PACKET



REAL DAIRY AMERICAN BURGER CHEESE 120 SLICES 2.27KG



\$29⁹⁵
PACKET



DIROSSI PIZZA CHEESE SHREDDED 2KG



This symbol indicates a participating product in InSeason Rewards. Contact your distributor representative for more information.

Follow us [f @InSeasonAU](https://www.facebook.com/InSeasonAU) [@inseasonau](https://www.instagram.com/inseasonau)

InSeason
rewards



Scan the QR Code to join or Login and check your progress!



\$32³⁵
PKT



PRIMO CHEESE KRANSKY 2.5KG



\$20⁰⁰
PACKET



PRIMO SHREDDED JULIENNE HAM 2KG



\$16⁵⁰
PACKET



A&T TRADING BEER BATTERED ONION RINGS 1KG



\$73⁸⁵
CARTON



A&T TRADING PANKO SNAPPER 90G X 30



\$16⁰⁰
PACKET



STEGGLES SLICED FREE FLOW CHICKEN MEAT 1KG



\$29⁰⁰
TUB
PLUS GST



BULLA VANILLA ICE CREAM G.F. 10LT



\$47⁰⁰
EACH



PAMPAS PUFF PASTRY DISPENSER ROLL 10KG



\$28²⁵
CARTON



TIP TOP ENGLISH MUFFINS 400GM X 6 PACKETS



\$14⁹⁵
PACKET

INGHAM'S DEVIL WING DINGS 1KG



\$61³⁰
CARTON

KEPPEL CRUMBED CHICKEN & CHEESE SAUSAGE 4KG



\$16⁵⁰
PACKET

BUTLERS MINI FALAFEL 16G 1KG



\$158⁹⁵
CARTON

PACIFIC WEST SKIN ON SALMON PORTIONS 5KG



\$24⁵⁰
EACH

7 STAR BEEF STROGANOFF 1.3KG



\$16⁹⁵
EACH PLUS GST

7 STAR BEEF LASAGNE 2.1KG



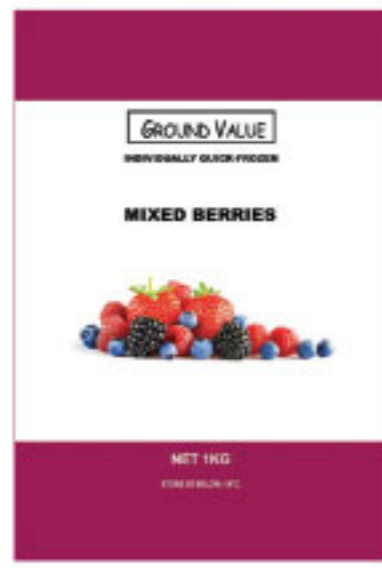
\$41⁹⁵
EACH PLUS GST

PRIESTLEY'S CARAMEL SLICE PRE-CUT 15 SERVES



\$45⁹⁵
CARTON PLUS GST

SARA LEE EXTRA LARGE CROISSANT 110G X 24



\$10⁹⁵
PACKET

GROUND VALUE FROZEN MIXED BERRIES 1KG



\$17⁵⁰
CARTON

MASTERFOODS™ PC SQUEEZE-ON TOMATO SAUCE 14G X 100



\$10³⁵
EACH

EDLYN TOPPING – COFFEE G.F. 3LT



\$10³⁵
EACH

EDLYN TOPPING – CHOCOLATE G.F. 3LT



\$18⁶⁵
EACH

MASTERFOODS™ SMOKEY BARBECUE SAUCE GF 4.5KG



\$6¹⁵
PACKET

MISSION 12" FLOUR TORTILLAS 12 PACK



\$28⁹⁵
EACH

MAGGI RICH GRAVY MIX 2KG



\$27²⁰
EACH

MAGGI GOLDEN ROAST GRAVY MIX G.F. 2KG



\$34⁶⁵
CARTON

DEVONDALE BUTTER PORTIONS 7G X 200



\$19⁸⁵
PACKET

CHEER CHEESE CATERING 96 SLICES 1.5KG